

# Please Join Us at an Innovative Workshop for Texas Registered Massage Therapists

Awarding 6 Hours

Continuing Education Credit (3 hours hands-on + 3 hours independent study)\*

## Aromatherapy and Essential Oils to Enhance Massage Therapy Practice

by Lyn Belisle

Registered Aromatherapist and Teacher, CE Provider #0099

and Dr. Bill Kurtin, Biochemist, Trinity University Professor Emeritus

**Saturday, March 31, 2007**

**9:00 a.m. - 12:00 p.m.**

This innovative seminar is designed for the busy professional RMT who wishes to combine three hours of hands-on training with three hours of Web-based independent study to fulfill the 6 hour CEU requirement. A companion CD will provide additional resources and projects to all participants.

**\*Certificates will be issued at the conclusion of the three-hour hands-on session.**

### **Topics and activities include:**

- Essential Plant Oils for Specific Conditions
- Carrier Oils for Massage
- Case Studies
- Sources and Resources
- Hand-outs
- Hands-on Blending
- The Chemistry of Essential Oils
- Scientific Studies

### **About the Workshop:**

- Class size limited to 10
- In a comfortable private home
- Qualified Presenters
- Reasonable Cost, \$80 per person

**For registration and further information, please contact:**

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### **About the Presenters:**

**Lyn Belisle, M.A., Department of Computer Science, Trinity University**

Lyn Belisle has taught aromatherapy classes for over 20 years in the San Antonio/Hill Country area. She received her certification from the Pacific Institute of Aromatherapy with additional training from Jeanne Rose of San Francisco. She is frequently interviewed by the San Antonio Express News on the topic of essential oils, and has been a guest on KENS Radio as well as the Heloise Radio Show. She has given classes on essential oils and aromatherapy for North East ISD Community Education, for hospice and nursing groups, for mall walker groups, at area conferences, and at the Hill Country Lavender Farm. Lyn is the founder of the San Antonio Herb Society's Special Interest Group on Aromatherapy and is a Registered Provider of Continuing Education for CEU hours required for Texas Massage Therapists.

**William E. Kurtin, Ph. D., Professor, Department of Chemistry, Trinity University**

Dr. Bill Kurtin has done recent studies on the distillation and analysis of essential oils and hydrosols. He continues to research the chemistry of essential oils and why they are so effective in transdermal absorption and inhalation through massage therapy and aromatherapy. He is a co-presenter with Lyn in their six-hour seminar for Texas Massage Therapists. He has done presentations that include the analysis of oils and hydrosols at the molecular level using gas chromatography - mass spectrometry which can indicate the quality and effectiveness of an individual essential oil. His extensive background in Organic Chemistry "grounds" the practice of Aromatherapy in scientific research.

Visit our educational website at  
[www.chemaroma.com](http://www.chemaroma.com)